3/3	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	**Shepards Pie** A traditional British Casserole made with savoury minced meat and then topped with a thick layer of golden mashed potatoes served with seasonal vegetables and gravy (MK) (H)	**Salt and pepper Chicken Balls** Chicken pieces seasoned with salt, pepper, garlic, chilli, peppers and onions served with fried rice and curry sauce (GL) (MST) (H)	**BBQ Pulled pork baguette** A delicious baguette filled with overnight slow cooked pork with homemade BBQ sauce with potato cubes (GL) (H)	**Traditional Roast Dinner** Served with seasonal vegetables, Homemade Yorkshire pudding roast potatoes and gravy (GL) (MK) (EGG)	**Chicken Bites** Served with Fries, Sweetcorn and optional curry sauce (GL) (MST) (H)
VEGGIE	**Garlic and Mushroom Chow Mien** Garlic mushrooms stir fried with egg noodles, vegetables and chow mien sauce (GL) (SOY) (SE) (EGG) (H)	**Salt and pepper Quorn** Chunks of Quorn seasoned with salt, pepper, garlic, chilli, peppers and onions served with fried rice and curry sauce (GL) (MST) (H)	**Peri-Peri Halloumi Wrap** Halloumi, onions and peppers cooked in a mild peri sauce served in a floured wrap with seasoned wedges and charred sweetcorn (GL) (MK) (CEL) (H)	**Goats Cheese Tart** Goats Cheese all nestled in a buttery puff pastry crust slowly cooked then glazed with honey (MK) (GL) (EGG) (H)	**Margherita Pizza** Served with Fries, Sweetcorn and optional curry sauce (GL) (MK) (MST) (H)
Main 2	**Special Chow Mien** Marinated Chicken and beef stir fried with egg noodles, vegetables and chow mien sauce (GL) (SOY) (SE) (EGG) (H)	**Fish Finger Taco** Fish fingers and chips in a soft folded taco served with curry sauce or mushy peas (GL) (FSH) (MST) (H)	**Peri-Peri Chicken & Halloumi wraps** Chicken, Halloumi, onions and peppers cooked in a mild peri sauce served in a floured wrap with seasoned wedges and charred sweetcorn (GL) (MK) (CEL) (H)	**Chicken Rogan Josh** Tender chicken pieces cooked in a blend of medium spices in a tomato-based sauce pilau rice and a coriander Naan bread (MK) (GL) (MST) (H)	**Southern Fried Chicken Burger** Served with Fries, Sweetcorn and optional curry sauce (GL) (MK) (MST) (H)