1/3	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	**Fillet Fish Buttie** Fillet of fish in a brioche bun and served with waffle cut potato's, beans or peas (GL) (FSH) (H)	**Steak Pie & Mash** Chunks of beef with carrot and potato, overnight cooked in a rich gravy topped with shortcrust pastry served with buttery mash and seasonal veg. (GL) (EGG) (MK) (H)	**Pepperoni French stick** Served with homemade wedges and a garlic and herb dip (GL) (MK) (EGG) (H)	**Honey Roast Ham Baguette** Served with seasonal vegetables, roast potatoes and gravy (GL) (MK)	**Popcorn Chicken** Served with Fries, Sweetcorn and optional curry sauce (GL) (MST) (H)
VEGGIE	**Cajun Quorn Noodles** Stir fried dish made with egg noodles, vegetables topped with Cajun marinated Quorn strips, drizzled with sweet honey BBQ sauce (GL) (SOY) (SE) (H)	**Meat Free Pie & Mash** Chunks of Quorn with carrot and potato, overnight cooked in a rich gravy topped with shortcrust pastry served with buttery mash and seasonal veg. (GL) (EGG) (MK) (H)	**Triple Cheese Pizza Baguette** Served with homemade wedges and a garlic and herb dip (GL) (MK) (EGG) (H)	**Vegetarian Tikka Masala** Medley of vegetables cooked in medium spices, finished with yoghurt and butter served with pilau rice and a naan bread (MK) (GL) (MST) (H)	**Margherita Pizza** Served with Fries, Sweetcorn and optional curry sauce (GL) (MK) (MST) (H)
Main 2	**Cajun Style Pork Noodles** Stir fried dish made with egg noodles, vegetables topped with Cajun marinated pork strips, drizzled with sweet honey BBQ sauce served with Prawn crackers (GL) (SOY) (SE) (CRST)	**Mexican Fajitas** A Tex-Mex dish made from strips of grilled chicken cooked with sauteed onions and bell peppers served in a warm tortilla with Mexican rice (GL) (CEL) (H)	**Hot & Spicy Zinger Burger** Chicken fillet in a hot spicy crumb served in a bap with spiced wedges (GL) (MK) (CEL) (H)	**Chicken Tikka Masala** Chicken cooked in medium spices, finished with yoghurt and butter served with pilau rice and a naan bread (MK) (GL) (MST) (H)	**Beef Cheeseburger** Served with Fries, Sweetcorn and optional curry sauce (GL) (MK) (MST) (H)