Health and Social Care: What Will My Child Learn?

At Benton Park School, our Health and Social Care curriculum is carefully designed to give students the knowledge and skills they need to succeed in further education, apprenticeships, or careers in the care sector. We focus on building powerful knowledge—core concepts that help students understand how to support others and make a positive difference in society.

Year 10 and 11 – Key Topics Covered

Unit R032 – Principles of Care in Health and Social Care Settings
Rights of Service Users: Students learn about equality, dignity, and respect which are essential values in care settings.

Person-Centred Values and the 6 Cs: These include care, compassion, competence, communication, courage, and commitment. Students explore how these values impact individuals' physical, intellectual, emotional, and social (P.I.E.S.) development.

Effective Communication: Students study verbal, non-verbal, written, and specialist communication, and how positive and negative communication can affect care.

Safeguarding and Protection: This includes DBS checks, infection control, and safety procedures, helping students understand how to keep people safe in a wide range of care environments.

Unit R033 – Supporting Individuals Through Life Events
Life Stages and Development: Students explore how people grow and change across their lives, and what affects their development.

Life Events: From birth to bereavement, illness, to starting a new job and many other milestones, students learn how life events impact growth, well-being and physical, intellectual, emotional, and social (P.I.E.S.) development and how support can be tailored to help people deal with these life events. Pupils must interview a person they know and gather information on this person.

Sources of Support: Students research formal, informal, and charitable support services and how these meet individual needs.

Unit R035 – Health Promotion
Public Health and Campaigns: Students explore current health challenges and how campaigns promote healthier lifestyles.

Planning and Delivering Campaigns: They learn how to design, deliver, and evaluate their own health promotion campaign, developing communication, planning, and reflective skills. Pupils must deliver a health promotion campaign to a target audience.

Our inclusive approach ensures all students are supported and challenged, with real-world learning that prepares them for life beyond school.

- Differentiated resources to meet diverse learning needs.
- Scaffolding to support students in building their understanding step-by-step.
- One-to-one support sessions for personalised guidance.
- Use of visual aids to enhance comprehension and engagement.
- Inclusive group work that encourages collaboration and peer learning.
- Flexible assessment methods to accommodate different learning styles and abilities.