

2/3	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.75	Jumbo Breaded Fish Fingers served with potato croquettes and garden peas or beans (GI) (Fsh) (H)	Caribbean style Chicken wings Chicken wings marinated and slow cooked in Caribbean spices served with rice and peas, sweet Jerk gravy (CEL) (H)	Chicken Gyros Chicken Marinated in Greek spices with peppers, red onions served in a flat bread with a seasoned rice finished with tzatziki sauce (GI) (MK) (H)	Traditional Roast Dinner Served with seasonal vegetables, roast potatoes, homemade Yorkshire Pudding and gravy (GI) (Mk) (Egg) (H)	Chicken Tenders Fries with a side of side salad, Curry sauce (GI) (H) (MST) Hot Crispy Wings Fries with a side Salad, Curry sauce (GI) (H) (MST)
Veggie £2.75	Vietnamese-style caramel meat free strips Stir-fry meat strips with shallots, ginger and chilli in a sweet, sticky mild sauce served on top of vegetable stir fried noodles (GI) (SOY) (MST) (EGG) (H)	Caribbean Style Quorn Bites served with rice and peas, sweet jerk gravy (MST) (CEL) (H)	Vegetable Burrito Vegetables cooked in Mexican spices topped with cheese, served with homemade wedges and sour cream dip (GI) (Mk) (H)	Roasted vegetable Quiche Triple cheese with roasted vegetables quiche slow baked on a short-crust pastry Served with roast potatoes, seasonal vegetables or salad (GI) (Mk) (EGG) (H)	Margherita Pizza served with Fries, side salad, Curry sauce (GI) (Mk) (MST) (H)
Main 2 £2.75	Vietnamese-style caramel pork Stir-fry chunks of pork with shallots, ginger and chilli in a sweet, sticky mild sauce served on top of vegetable stir fried noodles (GI) (SOY) (EGG)	Katsu Chicken Chicken marinated in Buttermilk and spices coated in panko breadcrumbs served on fried rice topped with a mild Curry Sauce (GI) (EGG) (CEL) (MST) (H)	Beef Burrito Traditional Mexican Beef Burrito topped with cheese, served with Homemade wedges and sour cream dip (GI) (MK) (H)	Authentic Chicken Curry A simple, fragrant, authentic curry that is full of flavour Served with Basmati rice, roti and raita. (GI) (MST) (H)	Chicken fillet burger served with Fries, side salad, Curry sauce (GI) (Mk) (MST) (H)

