

2/3	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.75	Battered Haddock served with steamed new potatoes, garden peas or beans (GI) (Fsh) (H)	Salt & Pepper Chicken wings Salt & pepper chicken wings served with lightly spiced diced potatoes and curry sauce (GI) (Mk) (H)	Jerk Chicken Wrap Chicken Marinated in jerk spices with peppers, red onions served in a wrap with lightly spiced rice (GI) (H)	Slow Roasted Beef Dinner Served with seasonal vegetables, roast potatoes, homemade, Yorkshire Pudding and gravy (GI) (Mk) (Egg) (H)	Chicken Strips Fries with a side of sweetcorn (GI) (H) Hot Crispy Wings Fries with a side of sweetcorn (GI) (H)
Veggie £2.75	Sweet Chilli Vegetable Noodles sweet chilli egg noodles tossed with stir fry vegetables, topped with prawn crackers (GI) (SOY) (H)	Salt and pepper breaded vegetable chunks served with fried rice and curry sauce (GI) (MST) (H)	Meatless Tacos Meatless tacos topped with cheese and served with spicy vegetable rice and sour cream dip (GI) (Mk) (H)	Sundried tomato, triple cheese and caramelized red onion tart Served with seasonal vegetables, roast potatoes (GI) (Mk) (EGG) (H)	Margherita Pizza served with Fries, sweetcorn (GI) (Mk) (H)
Main 2 £2.75	Sweet Chilli Pork Noodles Diced sweet chilli pork pieces with egg noodles tossed with stir fry vegetables, topped with prawn crackers (GI) (SOY)	Benton Fried Chicken Chicken marinated in Buttermilk and spices overnight then fried served with savoury rice and home-made garlic herb dip (GI) (EGG) (CEL) (H)	Traditional Beef Tacos Traditional Mexican Beef tacos topped with cheese and served with spicy vegetable rice and sour cream dip (GI) (MK) (H)	Makhani Garlic Chicken Lightly spiced Chicken cooked with butter and a blend of Mild spices served with steamed rice and roti (GI) (Mk) (MST) (H)	Chicken burger served with Fries, sweetcorn. (GI) (Mk) (H)

