



# *Paris Trip 2025*

Year 10 French

Miss Guyon – Trip Leader

Mr Connor-Crabb – Director of Languages



**Destination:**  
**Paris, France**

**Accommodation Address:**  
20 esplanade Nathalie Sarraute  
75018 Paris

**Rooming will be advised  
approx. 2 weeks prior to  
departure.**



# Emergency contact

**Contact number:**

(Strictly for emergencies)

+447712 101 940

**Accommodation number:**

(Strictly for emergencies)

+33 1 40 38 87 90



# Flight details



Meet in school at 7:30

Thursday 6<sup>th</sup> February

**Flight out from Manchester at 13:05 landing in Paris Charles-De-Gaulle at 15:35.**



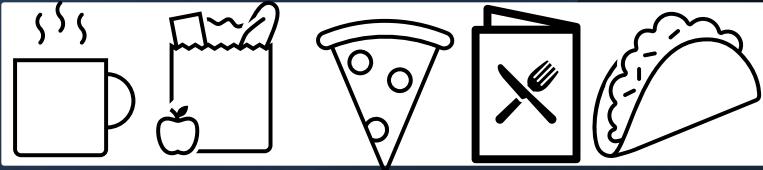
Monday 10<sup>th</sup> February

**Leaves Paris Charles-De-Gaulle at 16:05 landing at Manchester at 16:30.**



**Parents and carers to collect on Monday from Benton Park School at 19:00. We will update you with any changes to this.**

# Meals schedule



	Breakfast	Lunch	Dinner
Thursday	at home	Packed up lunch or Sterling for airport	PROVIDED
Friday	PROVIDED	PROVIDED	PROVIDED
Saturday	PROVIDED	PROVIDED	PROVIDED
Sunday	PROVIDED	Euros required	PROVIDED
Monday	PROVIDED	Euros required	at home

For this kind of trip, students tend to take anything from £50 to £70 in Euros. **Students are responsible for their own money and not bring large sums.** Students will need approximately £30 in sterling/euros to buy food and drink for the lunch times which are not provided.

# GHIC cards



## Insurance:

Insurance is provided by Aviva Travel Insurance through Rayburn Tours.

## Global Health Insurance Cards (GHIC):

The GHIC provides free emergency medical treatment for UK citizens whilst on holiday in EU countries. The GHIC card is available via the NHS website

[ <https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/> ]

## Health Matters:

Any relevant medical conditions which we are not already aware of need to be communicated to the Trip Leader before the trip.

[Home](#) > [Services](#) > [Healthcare abroad](#)

# Get healthcare cover abroad with a UK GHIC or UK EHIC

The UK Global Health Insurance Card (GHIC) lets you get necessary state healthcare in the European Economic Area (EEA), and some other countries, on the same basis as a resident of that country. This may be free or it may require a payment equivalent to that which a local resident would pay.

The UK GHIC has replaced the existing European Health Insurance

## Healthcare abroad

Get healthcare cover abroad with a UK GHIC or UK EHIC

[Going abroad for treatment](#)

[Moving abroad](#)

# Student conduct

## Behaviour contract

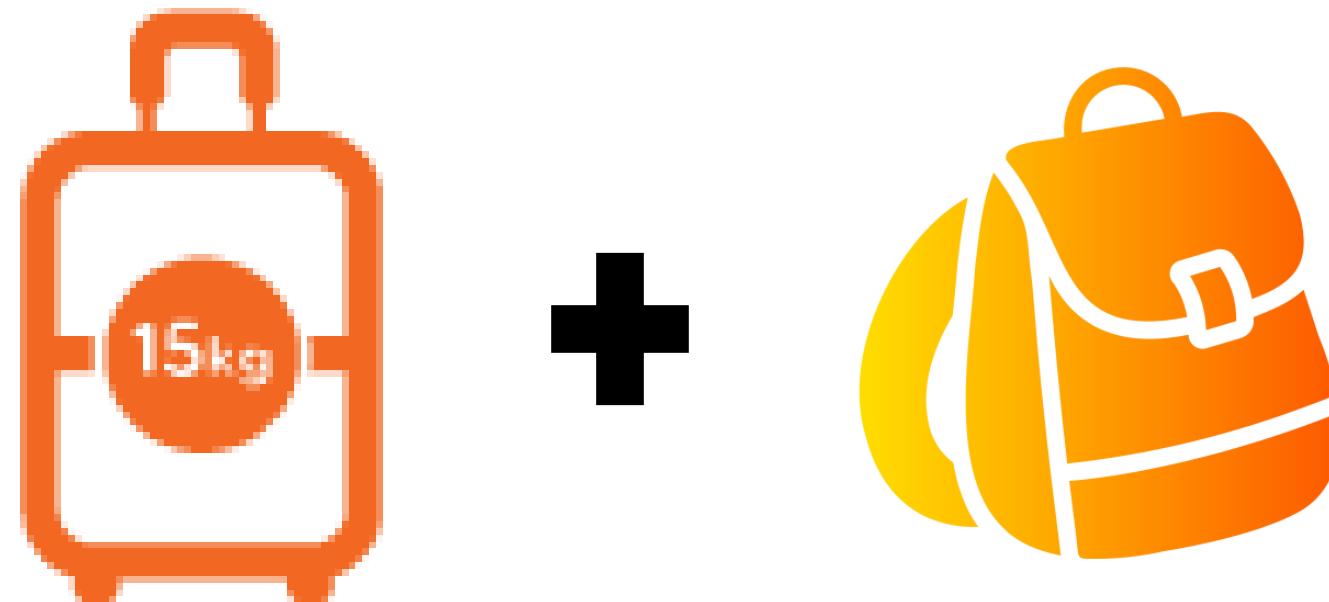
### BEHAVIOUR CONTRACT FOR PARIS TRIP

- 1) I agree to abide by the instructions given to me by the school staff and by my tutors, and clearly understand that instructions are for my own safety and well-being, as well as that of others.
- 2) I agree to abide by all timings and agreed location meeting points set down and understand that timings are critical for success and enjoyment of the trip.
- 3) I agree to keeping my hostel room in a clean and reasonably tidy state for the duration of the trip and agree to report any damages, caused unintentionally or otherwise, as soon as possible. I understand that if I do damage any property, I will report it/be responsible for payment of damages. I also agree to leave the hotel room in the state required by hostel staff.
- 4) I agree that I will sleep in the same gender room allocated to me every night, and for the duration of the night, and understand that this is for my own safety and well-being.
- 5) I understand that the minimum legal drinking age in France is 18 and will therefore not be consuming alcohol.
- 6) I agree to show respect for others, their property, and to also moderate my language whilst in transit, in hostel and when out on visits, and by demonstrating positive and mature behaviour, my chances of enjoyment will be significantly increased.
- 7) I agree that I have no injury prior to departure that will be exacerbated by going on the Paris Trip. I understand that any false declarations will render the insurance policy null and void.
- 8) I agree to giving this trip my full enthusiasm, a good 'get up and go' attitude, a sense of fun and understand that at all times I am an ambassador for Benton Park School.
- 9) Finally, I understand that any breaches of the above points will invoke the 3-stage disciplinary process which we also follow in school. If a breach of this behaviour contract happens, I understand that sanctions will apply, and in case of a serious breach, I understand that it might result in me being asked to return home to the UK, which I understand will be at my own expense and which will have to be organised by me.

## Packing



Students have **hold** luggage and can bring **1 item weighing no more than 15kg per person, and one small cabin bag (backpack recommended) at 45x36x20cm max dimensions.** Please refer to the airline's website for further information regarding luggage restrictions.



# Packing



All liquids, aerosols, and gels must be in containers of 100ml or less in a clear, resealable plastic bag (available at airport). Students may also bring a small additional bag.

**It can get very cold in Paris in February. Make sure that you pack lots of warm layers with sturdy shoes and a waterproof jacket and umbrella. We will be outside a lot!**

## Packing



**Small bag checklist:** Snacks / drink / (packed lunch)

English money for lunch Thursday, Euros for lunch Sunday & Monday. Toiletries less than 100ml in clear plastic bag (available at airport)

Warm jumper for flight

Pen

**Hold bag checklist:** Towel & washbag

Adapter for electrical items

Reuseable bottle for water

T shirts

Trousers

Jumpers

Sensible shoes and warm socks

Underwear

Pyjamas

Waterproof coat

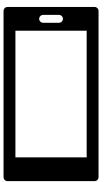
Hat & gloves, Umbrella

## Medication

Your child must carry their own medication, and a spare one must be given to Mr. Connor-Crabb to look after and must be clearly labelled (please check hand luggage restrictions on medication).

Please inform either Miss Guyon or Mr. Connor-Crabb of any changes to medication before departure.

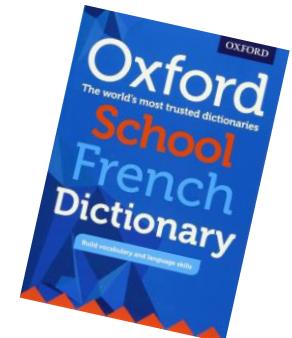
## Mobile phones



If parents wish to allow students to bring a mobile phone with them on the trip, it is on the understanding that we will not have to report any loss at a police station, should this occur.

**Mobile phones and iPads are not covered on the trip insurance policy.**

Students may wish to leave their phone and bring a disposable camera and dictionary with them.



## Thursday:

- Coach to Manchester Airport
- 15:35 - arrival in Paris, travel to the hostel
- Evening meal and French workbook activities at hostel



Où suis-je? Je suis \_\_\_\_\_ et il fait \_\_\_\_\_.

Aujourd'hui nous sommes le \_\_\_\_\_.

"On passe une moitié de sa vie à attendre ceux qu'on aimera et l'autre moitié à quitter ceux qu'on aime." Victor Hugo

Je me sens...

- bien
- heureux/euse
- fatigué(e)
- triste
- surpris(e)
- inquiet/ête
- calme
- pressé(e)
- gêné(e)
- furé(e)

\*autre sentiment\*

parce que...

Ma petite liste de trucs à faire aujourd'hui:

1. Aujourd'hui je dois \_\_\_\_\_
2. Aujourd'hui je dois \_\_\_\_\_
3. Aujourd'hui je dois \_\_\_\_\_
4. Aujourd'hui je veux \_\_\_\_\_
5. Aujourd'hui je veux \_\_\_\_\_
6. Aujourd'hui je veux \_\_\_\_\_
7. Aujourd'hui je veux \_\_\_\_\_
8. Aujourd'hui je veux \_\_\_\_\_

J'ai fait de l'exercice:

OUI  NON

Le matin du jour \_\_\_\_\_

J'ai fait \_\_\_\_\_ pas aujourd'hui. 

Le matin du jour \_\_\_\_\_

un lit  a bed

Ce que je vais faire rien que pour me faire plaisir:

Je m'hydrate: Je bois au moins 6 verres d'eau par jour:     

Conjugue le verbe AVOIR au temps que tu veux:

Je \_\_\_\_\_ Nous \_\_\_\_\_  
TU \_\_\_\_\_ Vous \_\_\_\_\_  
Il \_\_\_\_\_ Ils \_\_\_\_\_

Fais une petite phrase avec le verbe AVOIR:

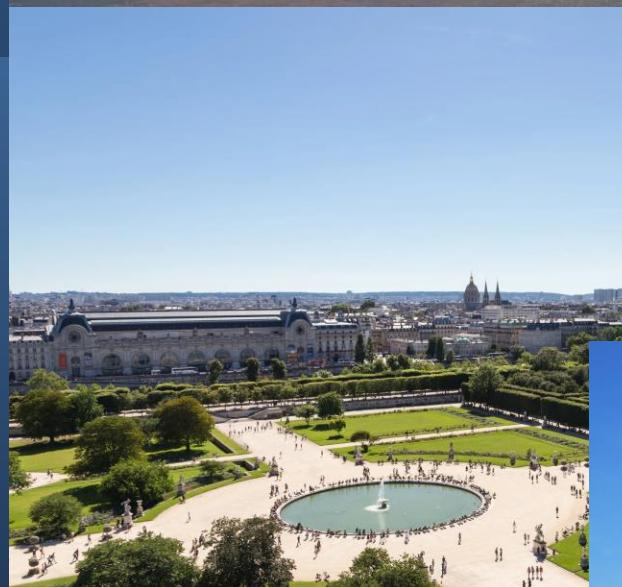
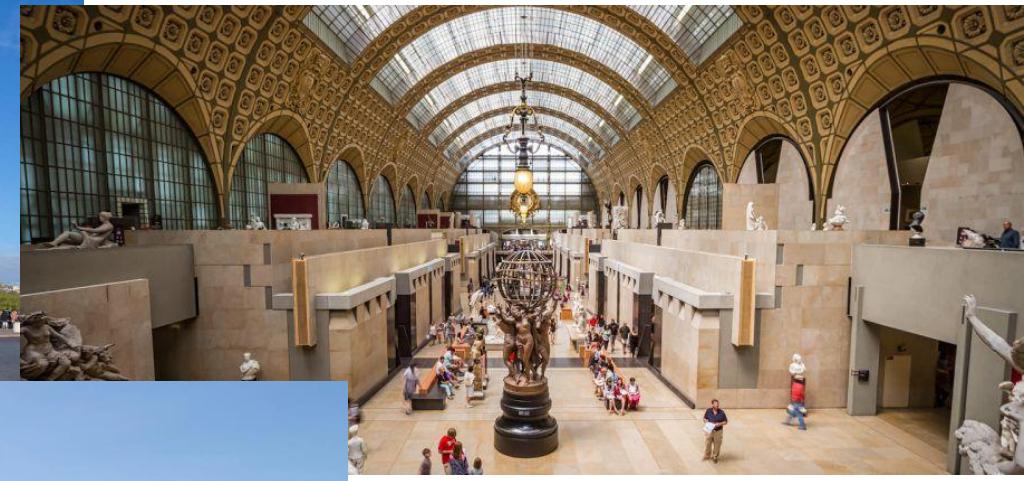
L'expression du jour

Comment s'est passée ta journée?

How was your day?

## Friday:

- **Arc de Triomphe** and Tomb of the Unknown Soldier
- **Musée d'Orsay**
- **Jardin des Tuileries**, free time to explore gardens and have packed lunch
- **French lesson**
- **Eiffel Tower**
- **Trocadero Gardens**



## Saturday:

- **Parc Monceau**
- **Bateaux Mouches** river cruise
- **Jardin d'Erevan**, enjoy gardens and have packed lunches
- **Petit Palais** (Art Museum)
- Walk to **Place de l'Opera**, free time for shopping and sightseeing



## Sunday:

- **Tour Montparnasse**
- **Montmartre**
- Interview challenge - to order food in French
- Free time to enjoy **Montmartre (Basilique du Sacre-Coeur, Amelie's Café...)**



## Monday:

- **Sortie Pedagogique** by Accord School
- **Collect luggage** at hostel
- **Travel to Paris CDG**
- Arrive in Manchester at 16:30
- **Arrive at Benton Park at 19:00**



## Some useful links

Check hand luggage restrictions at  
<http://www.easyjet.com/en/planning/baggage.html>

Apply for a European Health Insurance Card here  
<https://www.ehic.org.uk/Internet/home.do> The parent must apply for the card with their child as a dependent – this takes 7 days to arrive

Finally, please ensure that the details on the information sheet are correct, and sign the behaviour contract.