

NELL BANK

Day Visit Kit List

Clothing

Practical outdoor clothing – season/weather dependent.

You are going to be outside for most of the day.

- Trainers
- Hat
- Waterproof coat
- Scarf
- Gloves
- Wellies

*We do have a supply of wellies and waterproofs you can borrow;
but try to bring your own.*

Medication

Asthma inhalers, epi-pens, sun-cream etc.
Anything you need to take during the day.

Packed Lunch

Including a filled drinks bottle.

It is hungry work being outside.

Money

None required!

(We do not have a shop.)