

Team Building: KS3/4/5 + Adult

Nell Bank has been working with schools and corporate groups for many years delivering a programme of team activities to create the right social atmosphere to enable participants to develop essential life skills and knowledge needed to work effectively as part of a team. Each activity is designed to encourage team members to communicate, persevere, develop trust, plan and ultimately succeed.



Below is a selection of activities we offer. Please discuss specific outcomes you require when booking.

Activity	Description
Custard Crossing	Classic crossing the gap exercise with planks, never as simple as it first appears due to the linear nature of the activity making communication challenging. Key team skills; communication, planning, perseverance.
Duck Rescue	A fun way for participants to explore and experiment with key team skills. Coordination of the team is vital if they are to stay dry and get those ducks to safety. Key team skills; communication, cooperation.
Nellbanian Mountains	Having completed several teamwork challenges over the course of the day participants use new skills to conquer the physical challenge of the Nellbanian Mountains. With no food on board HMS Nellie for the journey home teams have to work together to carry supplies avoiding the shark infested toxic waste. Key team skills; communication, persuasion, planning.
Orienteering on Site	Using prior learning about compass directions, participants learn to read a map of the Nell Bank site and in teams use it to locate orienteering markers. This is a great introduction to navigating in a less familiar setting and as preparation for the more technical woods orienteering courses. Key team skills; communication, cooperation.
Orienteering Woods	Participants are challenged by the changes in scale and distance to be covered. The introduction of contours and 'wilder' terrain gives pupils the opportunity to work together as a team and make informed route choices based on map reading and the landscape surrounding them. Key team skills; communication, cooperation.
Save the Species	Save the Giant Nellbanian Frog and Bear from extinction by feeding them from the Nellbanian berry bush. Sounds easy until participants discover that they live at the bottom of a toxic glacier and the only way to get to them is using the safety skis which can only be operated with a partner. Key team skills; communication, coordination.
Trust Trail	Working with a partner, participants take a walk through the Nellbanian jungle. Unfortunately only one of them can see so climbing over and under obstacles becomes a communication and trust challenge. To be successful, participants have to earn the trust of their team mates in order to complete the challenge. Key team skills; communication, trust.
Magic Carpet (groups with wheelchair users)	Learn to fly the magic carpet across the chocolate swamp for success on this accessible and fully inclusive crossing the gap exercise. This activity encourages good communication and helps participants recognise the physical capabilities of others. Key team skills; communication, patience, coordination.

For the objectives this programme will achieve – please see over 

To make a booking enquiry: [Click Here](#)

Objectives

- **To encourage people to make new friends** by providing a neutral setting in which to learn about themselves and others in their group
- **To give people an opportunity to build self-confidence** by giving them plenty of opportunities to be successful
- **To encourage and reward people** for choosing someone they don't know, to work with.
- **To encourage group leaders to join in;** this gives the teachers the opportunity to get to know the children better.
- **To create a special day, the most important thing is for individuals to take away the feeling of success.**
- **To have fun!!**

First-hand experiences of learning outside the classroom can help to make subjects more vivid and interesting for pupils and enhance their understanding. It can also contribute significantly to pupils' personal, social and emotional development. Ofsted 2008