

**Topic:** Young people have become obsessed with social media; it is a bad influence and can take over their lives. These sites should be banned

**Introduction:**

The influence of social media on adolescents and teenagers is of particular importance, not only because this particular group of children is developmentally vulnerable but also because they are among the heaviest users of social networking. According to a report by Common Sense Media, 75 percent of teenagers in America currently have profiles on social networking sites, of which 68 percent use Facebook as their main social networking tool.

While social networking undoubtedly plays a vital role in broadening social connections and learning technical skills, its risks cannot be overlooked. The lack of difficulty in self-regulation and susceptibility to peer pressure makes adolescents vulnerable to such evils as Facebook depression, sexting, and cyberbullying, which are realistic threats. Other problems such as social network-induced obesity, Internet addiction and sleep deprivation are issues that continue to be under intense scrutiny for the contradictory results that have been obtained in various studies.

**Essential reading:**

- <http://www.independent.co.uk/life-style/gadgets-and-tech/news/facebook-social-media-and-whatsapp-could-be-banned-for-teens-if-they-don-t-get-consent-from-parents-a6774326.html>
- <http://www.bbc.co.uk/guides/zgsb82p#z934qty>
- <https://www.theguardian.com/technology/2015/dec/15/europe-ban-teenagers-facebook-internet-data-protection-under-16>
- <http://www.independent.ie/life/family/should-you-ban-your-children-from-using-social-media-30814569.html>

Agree	Disagree
<ul style="list-style-type: none"><li>• <a href="https://www.tes.com/news/school-news/breaking-views/why-social-media-should-be-banned-under-16s">https://www.tes.com/news/school-news/breaking-views/why-social-media-should-be-banned-under-16s</a></li><li>• <a href="http://www.express.co.uk/news/uk/767610/boarding-school-bans-mobile-phones-pupils-social-media-addiction-phone-fast">http://www.express.co.uk/news/uk/767610/boarding-school-bans-mobile-phones-pupils-social-media-addiction-phone-fast</a></li><li>• <a href="http://www.nbcnews.com/business/consumer/just-one-hour-day-social-media-makes-teens-miserable-n700786">http://www.nbcnews.com/business/consumer/just-one-hour-day-social-media-makes-teens-miserable-n700786</a></li><li>• <a href="http://www.dailymail.co.uk/news/article-3501414/Social-media-obsessed-teenagers-frightened-real-life-won-t-answer-door.html">http://www.dailymail.co.uk/news/article-3501414/Social-media-obsessed-teenagers-frightened-real-life-won-t-answer-door.html</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="https://www.theguardian.com/sustainable-business/2015/dec/23/banning-teenagers-social-media-europe-regulation-attack-human-rights">https://www.theguardian.com/sustainable-business/2015/dec/23/banning-teenagers-social-media-europe-regulation-attack-human-rights</a></li><li>• <a href="http://www.mtv.com/news/2686926/europe-teens-social-media-ban/">http://www.mtv.com/news/2686926/europe-teens-social-media-ban/</a></li><li>• <a href="http://www.stuff.co.nz/technology/social-networking/92074523/Banning-teens-from-social-media-could-hurt-them-study-finds">http://www.stuff.co.nz/technology/social-networking/92074523/Banning-teens-from-social-media-could-hurt-them-study-finds</a></li></ul>

What are you arguing:		Facts or statistics
Point 1:		
Point 2:		
Point 3:		
Point 4:		