

Benton Park High School

Whole School Food Policy

Date of Policy implementation: September 2006

Date of Review. June 2007

This policy is freely available to the entire school community. All stakeholders have been invited to comment.

The policy is available through the school website.

Aim: To ensure all aspects of school food and drink promote the health and well being of pupils ,staff and visitors to the school.

Rationale: Benton Park believes it is important to have a whole school food policy because food and drink as an area of study, and as a basic requirement for life, can have a positive influence on school, attainment, behaviour, punctuality and well being.

Objectives:

Ensure all food and drink sold at lunchtime meets or exceeds The Government school meals standards

Encourage healthy snacking at break times.

Ensure all vending machines have a variety of healthy drinks, all of which conform to the new school meals standards.

Ensure hygienic and chilled drinking water is available through out the day and that pupils are encouraged to drink water and carry water bottles with them.

How we will meet our objectives.

Have a meeting, each half term, with the catering agency and canteen manager to discuss lunch and break time provision.

Replace all our vending machines with those from Cool Drinks Company which only vend drinks in line with Government Nutrition Standards.By October 2006

Instal 6 water filters /coolers around the school including Dining Hall , Staff room, Gym area, Sixth form block, Student Support area. Reception area. By October 2006

Ask, encourage staff to allow pupils to have a drink of water from their own water bottles at the start and end of lessons.