

Benton Park High School

Whole School Food Policy

Date of Policy implementation; September 2010

Date of Review. July 2011

This policy is freely available to the entire school community. All stakeholders are invited to comment.

The policy is available through the school website.

Aim: To ensure that all aspects of food and nutrition in school promote health and wellbeing of pupils, staff and visitors to our school.

Rationale: Benton Park believes it is important to have a whole school food policy because food and drink as an area of study, and as a basic requirement for life, can have a positive influence on achievement, attainment, attendance, behaviour, punctuality and physical and emotional health and well being.

Objectives: (What do we want to achieve?)

Ensure all food and drink sold to pupils meets or exceeds The Government School Meals Standard

Ensure all vending machines have a variety of healthy drinks, all of which conform to the School Meals Standards.

Ensure hygienic and chilled drinking water is available through out the day and that pupils are encouraged to drink water and carry water bottles with them.

Increase the number of pupils choosing to purchase a healthy meal option.

Ban the drinking of high energy drinks before and during the school day

How we will meet our objectives.

Have a meeting, each half term, with the catering agency and canteen manager to discuss lunch and break time provision.

Discuss food and nutrition at student council.

Continue to source our vending machines from the Cool Drinks Company which only supply drinks in line with Government Nutrition Standards.

Continue with chilled drinking water contract.

Allow pupils to have a drink of water from their own water bottles at the start and end of lessons.

Curriculum areas to encourage appropriate healthy eating.

Reduce queuing /waiting time, through grab a bag, multiple pay points etc

Play relaxing music in the dining room during the lunch break

Have appropriate and plentiful menu options priced appropriately.

Develop outside eating areas.

Monitoring and Evaluation (How do we know our objectives are being met?)

by collecting feedback from pupils and staff.

report on progress to School leadership, School council.